

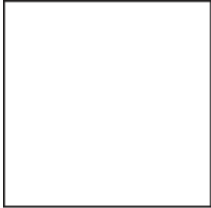
BEFORE GETTING STARTED

PLEASE NOTE that, unless otherwise specified, the included seam allowance is 6mm ($\frac{1}{4}$ ").

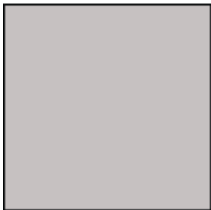
Hem allowances are 2cm ($\frac{3}{4}$ ") and are also included.

DON'T FORGET to prewash your fabric!

ILLUSTRATION LEGEND



RIGHT SIDE

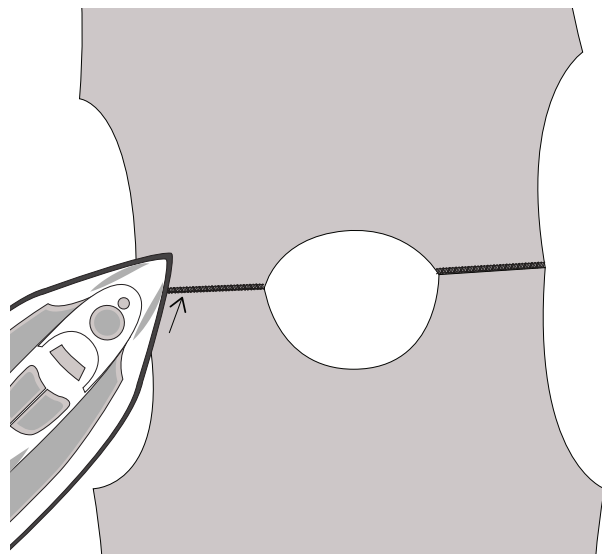
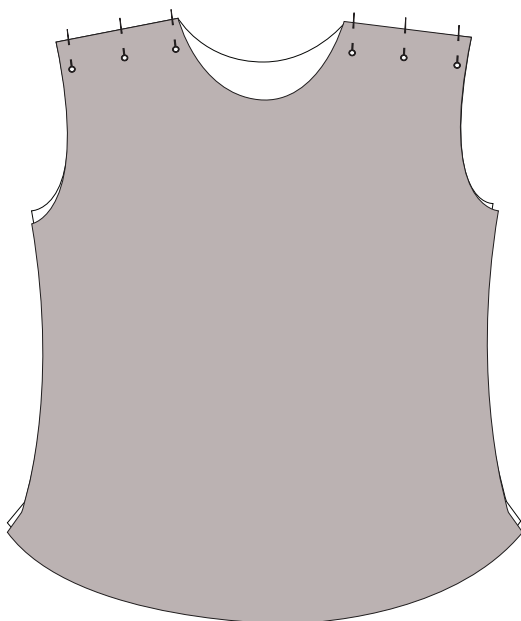


WRONG SIDE

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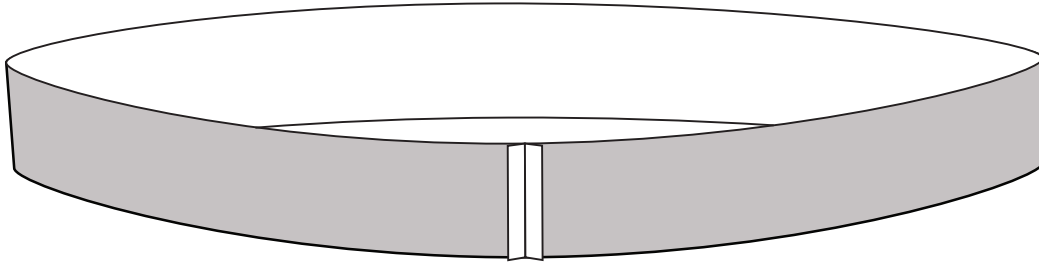
Step 1: Mark all notches and centre front and centre back necklines.

Step 2: With right sides facing, pin shoulder seams of front and back pieces together and stitch. Reinforce shoulder seams by your preferred method. Press seams toward the back.

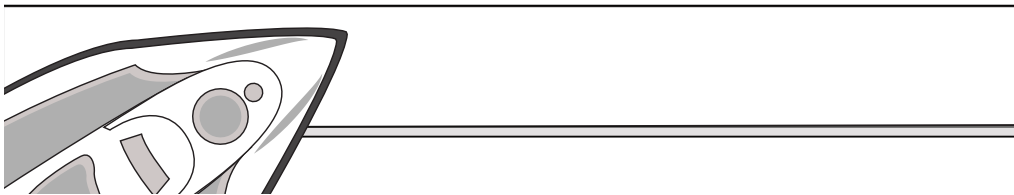


Step 3 (Optional): Topstitch shoulder seams.

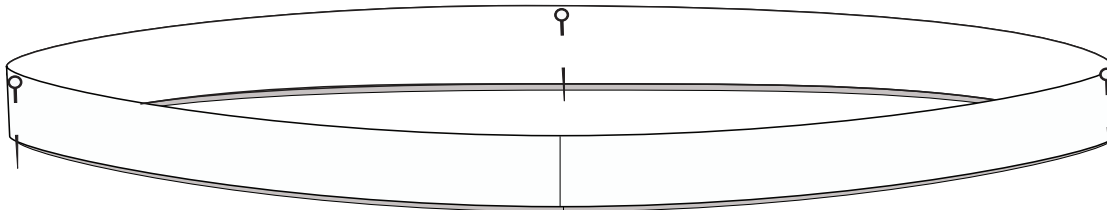
Step 4: With right sides facing each other pin the short ends of the binding strip together. Seam can either be stitched together with a sewing machine (using a zigzag stitch) or sewn with an overlocker. I prefer to stitch the seam instead of overlocking it so that it can be pressed open thereby creating less bulk when it is folded in half. If overlocking together, press seam to one side.



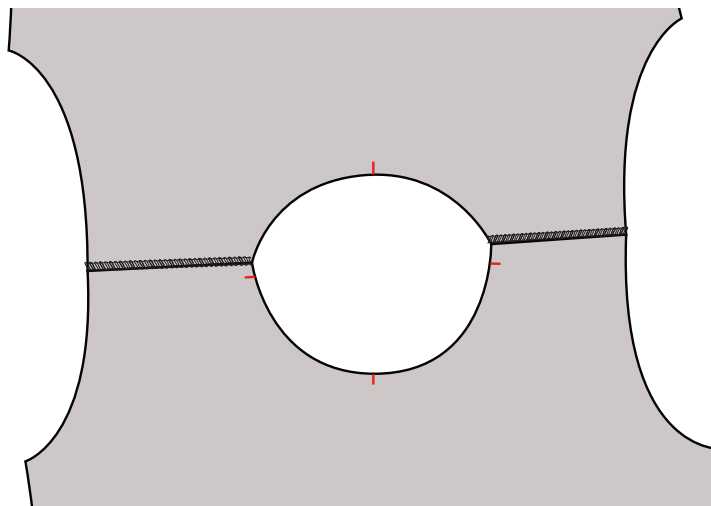
Step 5: With wrong sides together fold binding in half along its length and press.



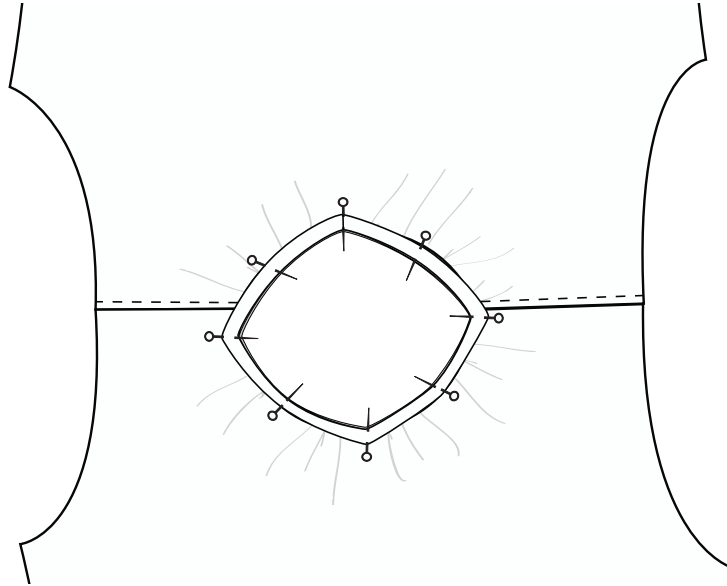
Step 6: Divide binding into quarters and mark these divisions with pins, a marking pen or shallow notches.



Step 7: Divide the neckline edge into four by bringing the centre front (CF) and centre back (CB) notches to meet and marking the halfway points between CF and CB by your preferred method.



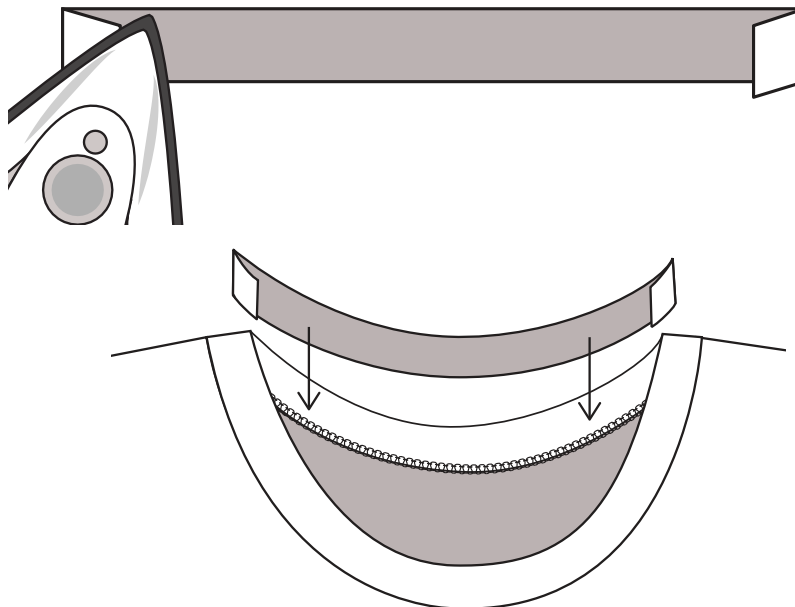
Step 8: Working from the right side of the garment, with raw edges together, pin the folded binding to the neckline edge. Match centre back neckline to centre back binding seam, and continue by matching centre fronts and the mid-way marks / notches created in Steps 6 & 7. Due to the fact that the binding is shorter than the neck edge you will find that there is excess fabric in the neckline. Try to evenly distribute this as you pin the rest of the binding to the neckline.



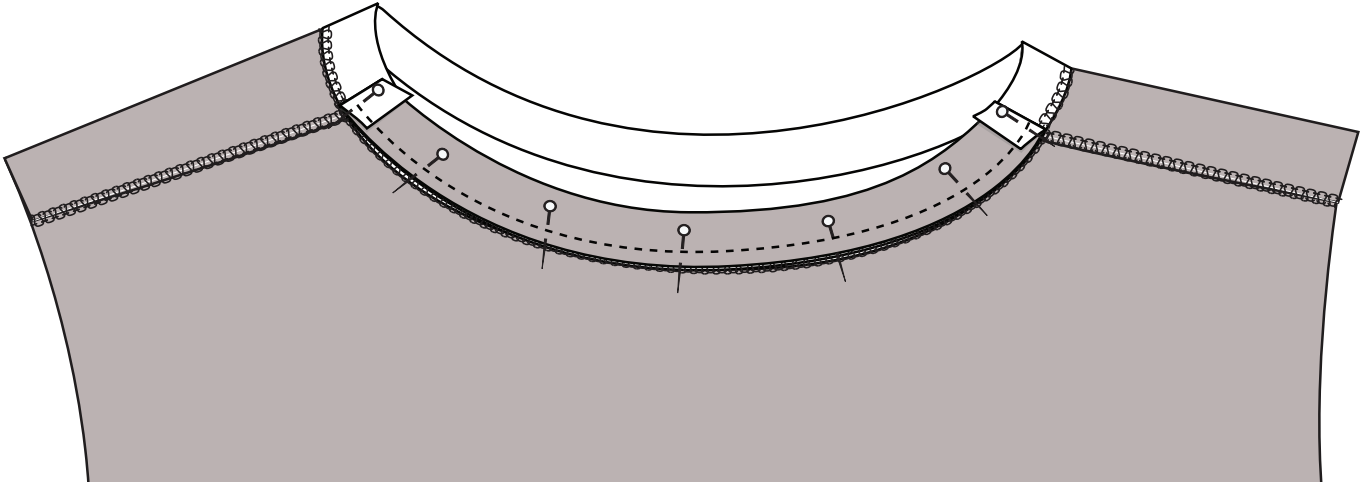
Step 9: Attach the binding to the neckline, stretching it slightly as you sew so that it conforms to the neckline edge.

NOTE: Steps 10 - 12 are optional.

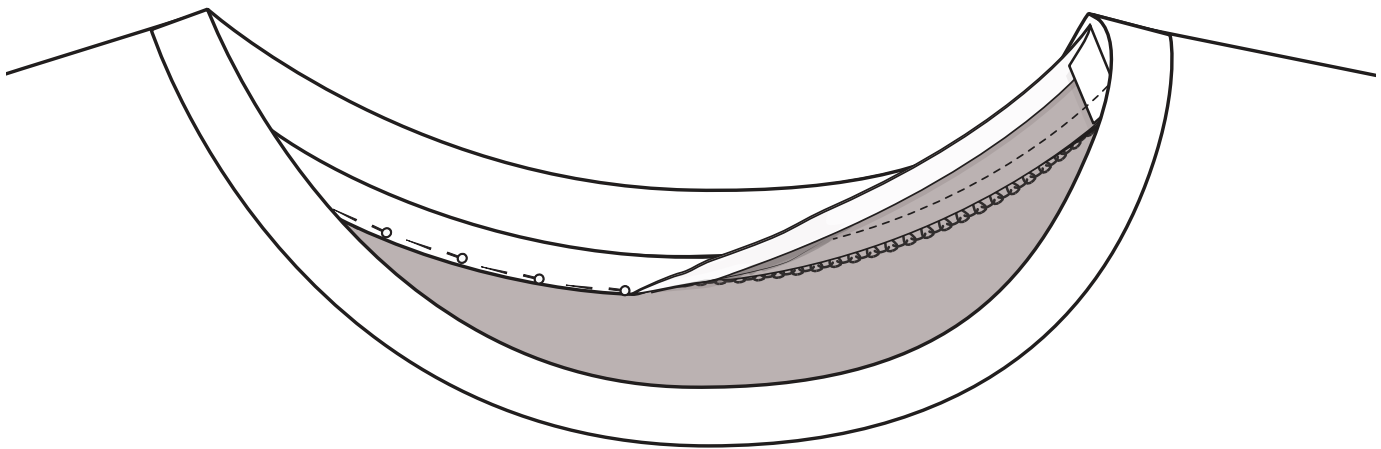
Step 10: On the short ends of the back neck reinforcement strip, fold the seam allowance (1cm / $\frac{3}{8}$ ") toward the wrong side of the strip and press in place. This strip will encase the back neckline seam giving a more professional finish.



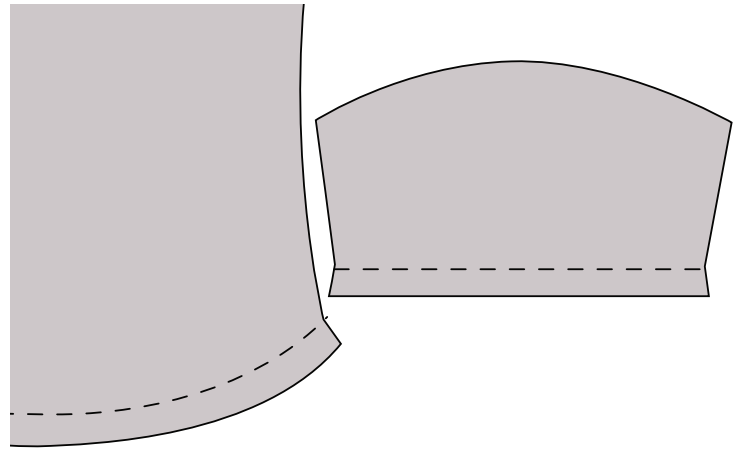
Step 11: With right sides together, pin the back neck reinforcement strip to the back neck binding seam between the shoulder seams. The bottom edge of the strip must align with the bottom of neck binding attachment seam. Stitch with your sewing machine using a 6mm / (1/4") seam allowance. I like to use a straight stitch for this step and have never had a problem with stitches breaking over time.



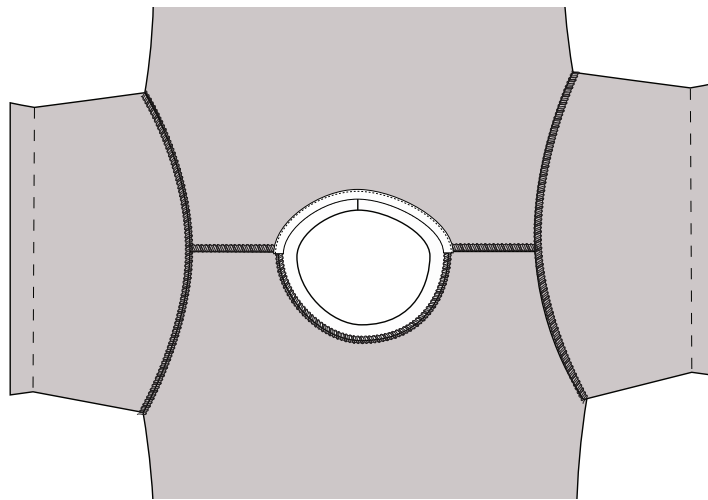
Step 12: Press the back neck reinforcement strip away from the garment and press the seam toward the strip. Fold the unattached long edge over along its length so that it encases the seam in between the reinforcement strip and the back of the t-shirt. Pin through all layers, securing the reinforcement strip to the t-shirt back. Edge stitch using a straight stitch.



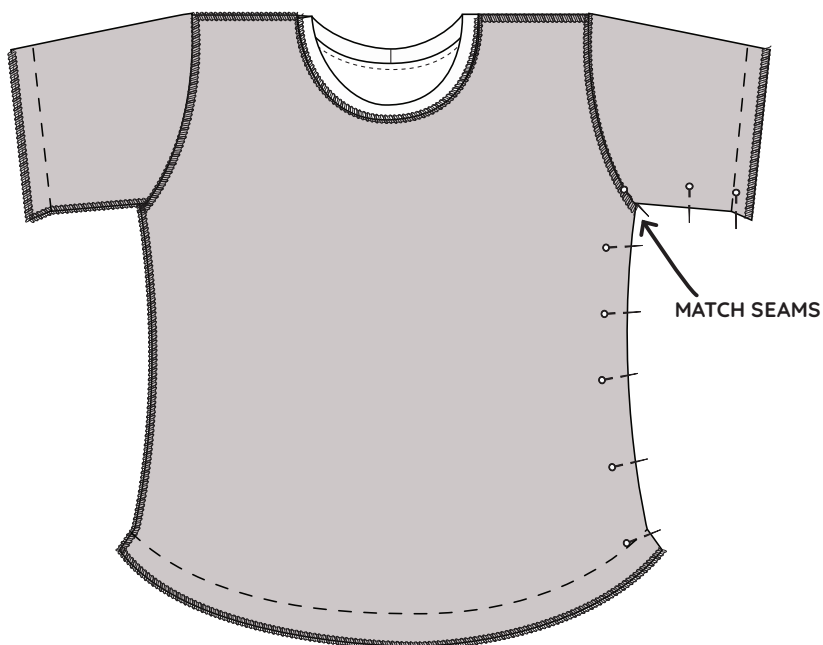
Step 13: Stitch a row of basting stitches 2cm (3/4") from the hem edges on the front, back and sleeve pieces. Overlock hem edges (optional) for a more professional finish.



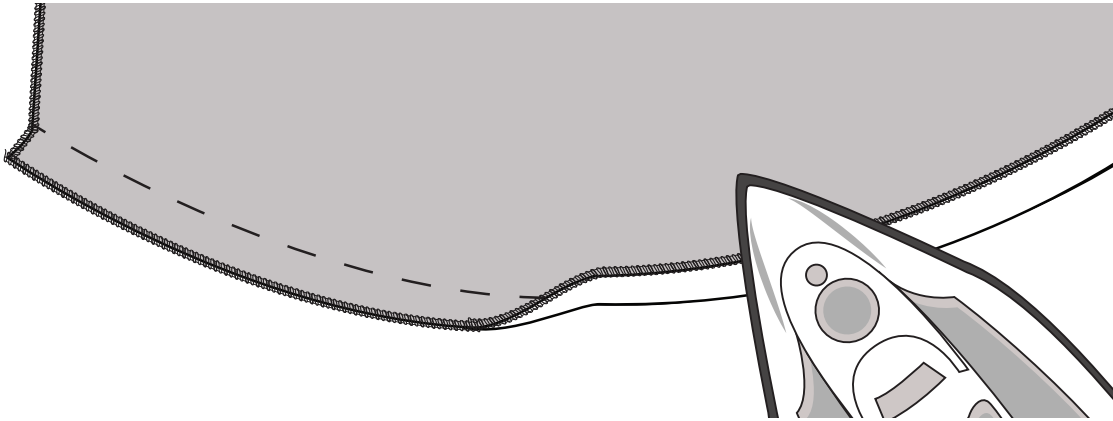
Step 14: Pin the sleeves to the body, matching front sleeve notches and the shoulder notches to the shoulder seams. Stitch. Press seams toward the sleeves.



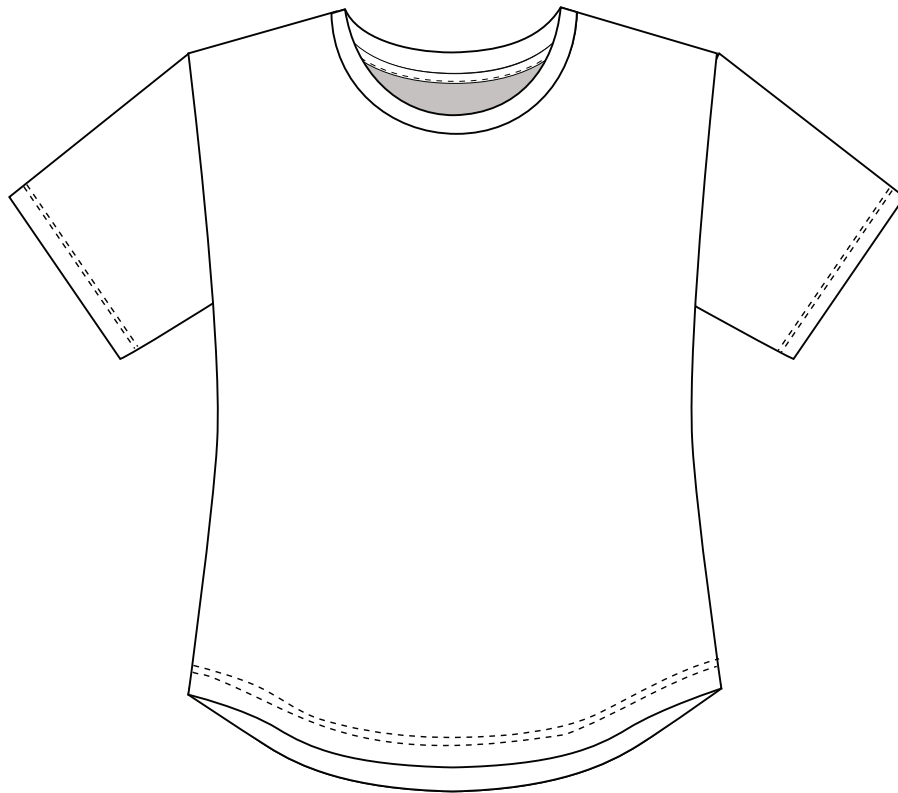
Step 15: Pin the back and front side seams together matching sleeve seams. Stitch and press seams toward the back.



Step 16: Press up the hem allowances up using the basting stitches as a guide. Use the steam of your iron to shrink the curved edges so that they lay flat.



Step 17: Sew the hems from the right side of garment using a double needle. Remove basting stitches and give your t-shirt a final press.



I WOULD LOVE TO SEE YOUR VERSION OF THE STELLAN TEE. IF YOU SHARE ON INSTAGRAM PLEASE TAG ME **@FRENCHNAVYNOW_** AND USE THE HASHTAG **#THESTELLANTEE** SO THAT I CAN FIND YOUR MAKE AND YOU.